The TAP dental appliance installed by Dr. Prezioso seems to have eliminated my sleep apnea virtually overnight. The appliance took only a few days to get used to, but the initial mild discomfort was well worth it. As far as my wife and I can tell, the nighttime breathing interruptions and sudden awakenings that plagued me for years are gone. I seem to sleep soundly and deeply. The snoring has been eliminated for all intents and purposes. I look forward to sleep instead of dreading it. I awaken feeling more refreshed, and I am noticeably less tired during the day -- particularly in the afternoons. Thank you so much, Dr. Prezioso! A.C.