

Two years ago I was diagnosed with severe obstructive sleep apnea (OSA). I was placed on a CPAP unit to help sleep and remove the obstruction which did work, however it is difficult to sleep with a mask and a hose attached to your face. During that time I met Dr. Anthony Prezioso through the Hamden Chamber of Commerce. We had discussed my sleep apnea and he followed-up with literature regarding a TAP oral appliance. This device projects my lower jaw forward allowing my airway to open when I sleep. I have been wearing the TAP appliance for about a month and have not used my CPAP since. My airway is now open when I sleep. I am more comfortable and have much more energy.

Dr. Prezioso and his staff were so helpful from setting up the appointment, assisting with insurance coverage, to follow-up to ensure the device was working properly. I highly recommend Dr. Prezioso and his staff not only for general dental care but for help with obstructive sleep apnea.

Dr. Bryan W. Barry  
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